



<b>Job Title:</b>	Head of Academy Sports Science and Medicine		
<b>Department/Group:</b>	Sports Science & Medicine		
<b>Responsible to:</b>	Head of Sports Science & Medicine/Academy Manager	<b>Closing Date</b>	<b>14/1/24</b>
<b>Location:</b>	<p>The normal place(s) of work will be:</p> <ul style="list-style-type: none"> <li>• Priestfield Stadium, Redfern Avenue, Gillingham, ME7 4DD</li> <li>• Beechings Cross, Grange Road, Gillingham, ME7 2YD</li> <li>• You will be expected to undertake travel as necessary to fulfill your job requirements and to the satisfaction of Gillingham Football Club</li> </ul>		
<b>Job Description</b>			
<p><b>SUMMARY OF POSITION</b></p> <ul style="list-style-type: none"> <li>• To deliver a high standard of assessment, treatment and rehabilitation to all Professional Development Phase players (U17 – U19)</li> <li>• To provide match-day cover for all Professional Development Phase teams (U17 – U19)</li> <li>• To manage, co-ordinate and support part-time physiotherapy / medical cover for Foundation Development (U9 – U12) and Youth Development (U13 – U16) Phase squads training sessions, matches and tours in accordance with the Football Association guidelines and the Academy Elite Player Performance Plan</li> <li>• To manage the Academy Sports Science &amp; Medicine department</li> </ul> <p><b>ROLES AND RESPONSIBILITIES</b></p> <p>Injury Management</p> <ul style="list-style-type: none"> <li>• To support &amp; oversee the development, co-ordination and implementation of all medical musculoskeletal matters in relation to the Foundation Development &amp; Youth Development Phase playing staff (U9-U16's)</li> <li>• To have particular responsibility for all Medical/Health related matters pertaining to all Professional Development Phase players (U17-U19's)</li> <li>• To liaise with Head of Sports Medicine concerning all medical/health related matters for Academy players when required.</li> <li>• To provide evidence based treatment and develop injury rehabilitation guidelines.</li> <li>• To accompany players to medical consultations, possibly at short notice, ensuring the player receives optimal care and advice at all times.</li> <li>• To be involved in the counseling process of all Academy players covering medical/health related matters.</li> </ul>			



#### Injury Reduction Strategies

- Alongside the Head Sports Medicine, organise, develop and implement a comprehensive Physiotherapy & movement screening assessment of all Academy players based on the departmental philosophy.
- To be responsible for the continued running of injury prevention programmes on a day to day basis utilising the Academy Sport Science, Strength & Conditioning and coaching staff.
- Liaise effectively with the Academy coaching staff on a daily basis in order to keep them informed of players' availability for Academy matches and training.
- To educate players on responsible management of injuries and injury prevention strategies.
- To provide appropriate training for part time physiotherapists on the Physiotherapy and movement screening assessment.
- Work alongside the Sport Science team in order to deliver first class recovery and injury prevention strategies to all players both immediately after games and on recovery days

#### Medical Provision of Matches, Training Sessions & Tours

- To provide Physiotherapy match day cover for all Professional Development Phase squads
- To provide 'on field' first aid to injured players and aid in their removal and dispatch to appropriate facility
- To be responsible for the organisation of part-time physiotherapy/medical cover for Foundation Development (U9 – U12) and Youth Development (U13 – U16) Phase squads training sessions, matches and tours in accordance with the Football Association guidelines and the Academy Elite Player Performance Plan
- To ensure all medical equipment and procedures are regularly reviewed and maintained at the training ground

#### Management Responsibilities

- To contribute to the recruitment of all Academy medical staff.
- Take an active role in all medical meetings and other planning meetings.
- To supervise the Foundation Development & Youth Development Phase part time Physiotherapy staff.
- To facilitate clinical forum for discussion of all medical related matters, including external support where necessary.
- To be responsible for the maintenance and storage of up to date medical records of all Academy players.
- To be involved in the briefing of Academy players on medical screening, FA doping controls programme and medical research and obtaining written consent.
- To evaluate current practice on a regular basis.
- To attend briefings, courses and seminars at the Football Association Medical Education Centre when necessary.
- To actively participate in personal continuing professional development in keeping with CSP guidelines



**PERSONAL SPECIFICATION**

	ESSENTIAL	DESIRABLE
BSc (Hons) Physiotherapy	X	
Health Professional Council Registered	X	
Member of the Chartered Society of Physiotherapy	X	
Extensive Manual Therapy Skills		X
Extensive Knowledge & experience in injury prevention & rehabilitation using movement dysfunction analysis and re-training principles		X
Knowledge and experience of strength and conditioning requirements of the elite footballer		X
Experience of working in a professional football club environments		X
Up to date ATMMiF course qualification or equivalent		X
Experience working with young athletes		X
Experience working within a multidisciplinary team		X

**KNOWLEDGE & SKILLS**

- Excellent communication skills
- Professional, reliable and flexible approach to work
- Keen interest in rehabilitation and treatment of injuries & sport
- The ability to encourage & motivate players with rehabilitation & injury prevention programmes
- An enthusiastic attitude
- Good health, stamina and well being
- The ability to work well in a team and on your own

Reviewed By:	Bryan Bull	Date:	Jul 4th, 2024
Last Updated By:	Bryan Bull	Date/Time:	04/07/2024